



Model One On One Discussion

Asking Important Questions

Here is a general model for a one on one discussion. Spend some time catching up on the past week (no more than 20 minutes) and then get into the heart of the one on one with the following questions. You don't have to ask all of these questions in one sitting, but pick and choose the ones that are the most important for them.

How has your quiet time been (both prayer and Bible study)?

- What is it like?
- How often do you do it?
- What is God speaking to you about now?

Are there areas of scriptural knowledge or understanding that you are wrestling with now?

How are your peer relationships?

How is your dating relationship?

Ask about areas that you think need improvement (sin, faithfulness, attitude, speech, etc.).

Ask them about personal goals and how they are prioritizing to meet them (general and spiritual).

Discuss and delegate responsibilities that you would like them to take in Life Group or Chi Alpha.

Assess emotional and mental state (if needed contact one of the staff).

1. What do you mean by... (I don't want to be here anymore)
2. Have you thought about how you would do it?
3. Do you have the means to do that?
4. Where are those items?

Close in prayer.

