



# Spiritual Friendship Questions

## Stuff To Know About A Person You Are Mentoring

*Below you will find a couple lists of questions that may help you grow deeper with a person you are getting to know. As you review the lists you will see that some would be good in a Life Group context and others in a one to one time; also that some would be questions you might ask early in a relationship while others would be better asked after some time has elapsed.*

### **As you get to know someone, consider:**

1. The importance of praying for and with your spiritual friend.
2. The use of a brief passage of Scripture as a means of “centering” your time together.
3. The toleration of silence if it includes a responsiveness to each other and the Spirit of God in your midst.
4. The possibility of brief “assignments” for study, reading of reflection before the next meeting.

### **Things To Know About A Person In Your Life Group:**

1. Where are they from?
2. What is their church background? Is it positive or negative?
3. How and when did they become a Christian?
4. What does being a Christian mean to them now? How would they define what it means to be a Christian?
5. What does their life of devotion to Jesus look like (worship life, prayer, Bible Study, etc.)?
6. Why did they come to college?
7. What do they hope to do after college and why do they want to do that?
8. What are they passionate about? What gets them stirred up and serving?
9. What has their experience with the Spirit been? What is their attitude and experience toward the gifts of the Spirit?
10. Who is their hero and why?
11. Have they ever prayed out loud in a Life Group meeting? What about praying out loud for another person one-on-one?
12. Have they ever shared their testimony or given a word of encouragement or exhortation to another person or to their Life Group, or at Large Group?
13. What do they most want Jesus to do in their lives personally?
14. Have they ever shared their faith in Jesus with another person? When was the last time?
15. Do they have any non-Christian friends? Do they pray for them?
16. If yes, what do they pray about? Do they invite them to Chi Alpha, church, or other places they might hear the Gospel?
17. Where would they like to be ten years from now? Why? What needs to take place in their lives for this to happen?
18. How are they doing in school? Their GPA?
19. Are they teachable?
20. Are they confessional?
21. Do they hunger to be like Jesus and to live radically for God?
22. Do they get along with others? Why or why not?



23. What kinds of people bug them?
24. Do they initiate spiritual ministry and care in Life Group? In what ways?
25. Why are they in a Life Group? Why did they start and why have they stayed?
26. Why are they a part of the Chi Alpha group? What drew them and why have they stayed? What does this tell you about them?
27. What is their emotional temperament like? Is this a benefit or a danger to their spiritual well being? How so?
28. Do they sacrifice themselves (risk themselves) for the sake of others or for the sake of the group? If yes, how is this shown?
29. Do they relate well to their own sex? To the opposite sex?
30. List six specific areas you think that Jesus would want to deepen them in. For each area, list one or two ways you can help that experience of deepening to come to pass.
31. What are their 3 greatest personality/character strengths?
32. Are they sought out by others? For what kinds of reasons?
33. What would they say to the question: "What would Jesus say about your relationship to Him presently?"
34. Do they want to learn how to mentor others by leading a Life Group? Do you think they should? Why or why not?

#### **Questions to Ask as You Are Getting to Know Someone:**

1. Name two people, other than your parents, who have really influenced your life and tell how.
2. There is a fire at your house. Everyone is safe. You have time to save three important things. Weight is no problem. What would they be, and give them in their order of importance.
3. What do you like to do with your friends?
4. What do you like to do with your free time?
5. What is one quality you really like about yourself and why?
6. What are two things you find have the most meaning for your life? Why?
7. What is one quality you really like about yourself and why?
8. Who are you closest to in your family and why?
9. What do you think it means to be a friend?
10. What is one of your best memories? Why?
11. What is the most frightening experience you have ever had?
12. If you know you could not fail, what are two things that you would like to do or accomplish in the next ten years?
13. What adjectives could best describe your last week?
14. What is the purpose of your life at this time? Do you feel like this purpose is being realized? Why or why not?
15. What does it take for you to be true to yourself? Is it important to you? Why?



16. What helps or encourages you in your faith?
17. If you could ask Jesus any one question about yourself and know that He would answer completely and clearly, what would it be?
18. What causes the most problems, conflicts, etc. in your family?
19. How do you feel about going home?
20. What areas of your life give you the most problems?
21. If you had to describe one frustration you have had with this Life Group, what would it be?
22. Where is it easiest for you to find God?
23. If this were the last night of your life, to whom would you write and what would you say?
24. What is a high and low point in your life?
25. Talk about pictures of God. What single words, images, metaphors about God are most meaningful to you? What images or pictures do you find difficult or barriers for you? How does imagery affect your spiritual life?
26. Consider the Christian community. How does being in the church impact your life in God? What experiences of meaningful community do you have? What are your needs and hopes in this area?
27. What do you most dream about?
28. What has been a pit experience in your life? Share a little about how you think God worked through that experience.
29. If you had one wish for your Life Group, what would it be? What steps are you taking now to make that come true?
30. What three words would you use to describe your life before you were a Christian?
31. What three words would you use to describe your life after you became a Christian?
32. Is there one word that you would like to become a part of the way you describe your Christian life?
33. What do you want your children to remember about you after you're dead?
34. What do you feel guilty about most often? Why? How do you get rid of your guilt?
35. Looking back on your life, do you feel like you have gotten a fair deal? What does that mean to you?
36. What does it mean for me to be free? Do you feel that you are free? If so, why? If not, why not?
37. Which person, or persons, of the Trinity do you find greatest ease praying to?
38. Do you feel God calling you in your heart to any special place with Him at this point in your life?
39. What do you view as the two biggest turning points in your life?
40. Draw your family tree – indicate who you are closest to and who are Christians.
41. What spiritual disciplines do you practice now? What are the strengths and weaknesses in your personal use of the disciplines? How would you like to grow in this area?



**Below is another list of questions and ideas for helping you build a more substantial understanding of a person who you are getting to know.**

1. Begin by sharing some of your spiritual history—your autobiography. What have been the high places and low places in your personal spiritual journey? Share one specific memory of feeling close to God and one specific period you felt distance from God.
2. Talk about the present. How do you feel about your relationship to God at the present time? What spiritual disciplines do you practice? What are the strengths and weaknesses in your personal use of spiritual disciplines? Where would you like to “go” in this area? What can help you? What hinders you?
3. Talk about prayer. What is the place of meaning of prayer in your life? Where is it easy and where is it hard? What kinds of prayer are you involved with? Where do you want to learn or grow in your prayer life?
4. Talk about pictures of God. What single words, images, or metaphors about God are most meaningful to you? Which images or pictures do you find difficult or barriers for you? How does imagery affect your prayer life?
5. Consider your key relationships. Are you able to pray and share spiritually with your closest friends? Do you have any key relationships that need healing or forgiveness?
6. Consider the Christian community. How does being in the church impact your life in God? What experience of meaningful community do you have? What are your needs and hopes in this area?
7. What helps or encourages you in faith? What hinders or hurts you in your desire to know and follow God?
8. How do you handle suffering and hurt in your life? Who is God for you in such places?
9. Talk about future. What are your goals for yourself in spirituality? How are you going to move toward those goals?