*What do you think it will it be like for you to be home over the break? What do you want to see happen? What are you hoping* ***won’t*** *happen? Discuss any concerns you have about going home for break.*

**Do you ever feel like:**

* When you go home for break that you revert back to being the child that used to live at home?
* That you watch too much TV, lack real fellowship, and/or have too few meaningful times with Jesus?

Then take heart, you are just like everyone else! Actually, this is NOT a good pattern, but here are some hints for how to have a thriving Christmas break:

**How to survive:**

1. Choose not to be that old child again, and act like your current, adult self instead.
2. Choose to go to church every time you have a chance.
3. Make a plan to spend some time with friends who follow Jesus.
4. Watch less TV and movies (like, aim for just 1 hour a day).

**How to thrive:**

1. Spend enough time every day with Jesus that it is life-giving and transforming.
2. Make one or two spiritual goals and actually reach them.
3. Pray for everyone in your Life Group/on leadership/etc.
4. Text friends in Chi Alpha—tell them how you’re doing & ask them to pray for you.
5. Journal about how things are going, then talk to God about what you wrote.

**Kick start:**

1. Try reading Galatians and James to help get your spiritual life going.
2. Memorize James 1:1-2 and Galatians 1:10, 2:20 & 6:9.