



Where I Am Right Now

A Personal Evaluation

	Where I am right now:	Where I wish I was instead:	What's stopping me from getting there:	What I can do to overcome this:	What will happen if I keep doing what I've been doing:
Spiritually					
Physically					
Relationally					
Vocationally					
Economically					

Two immediate steps I will take in regards to these areas (for example: economically: I will sit down with small group leader tomorrow and make a monthly budget so I don't spend so much money at Starbucks; physically: starting today, I will go to the Rec Center for 30 minutes 3 days a week to use the treadmill and to lift weights with my friends.):

- 1) _____ ; _____
- 2) _____ ; _____

